

Information Concerning an Immediate Denture

FIRST 24 HOURS: The denture needs to remain in until you are seen for your first post-operative appointment. **DO NOT** remove the denture for any reason for the first 24 hours.

BLEEDING: It is normal for slight bleeding to last up to 2-3days. Biting pressure on the denture will promote clotting and will decrease the initial flow of blood.

SWELLING: Use alternating ice compress for the first day following the procedure to reduce swelling. (20 min. on and 20 min. off)

DIET: Limit your diet to soft nutritious foods, and consume plenty of fluids for the first week following surgery. You may resume your regular diet when you feel comfortable.

HEALING PROCESS: Your bone and gum tissue will undergo changes over the next 6 months. You will experience sores and changes in the fit of your dentures as you heal. Adjustments and temporary lining will be placed as needed. After 6 months of healing you will be ready for a permanent relines to complete your denture.

ORAL HYGIENE: Oral hygiene is important to normal healing. Once you have been seen for your initial post-operative appointment, it is important to remove your denture every night. When brushing your denture, avoid abrasive toothpaste.

Call our office if any unusual symptoms occur or you have further questions.

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